In this part of the exam, you are going to take part in a conversation with the other candidate. You have different information about an imaginary situation. The conversation will last about 5 minutes.

GETTING FIT

You have decided with your friends that you all desperately need to get fit as the summer is here and you live by the seaside. You think the best way to achieve fitness is by joining a gym. One has just opened near you. Share the information with your partner(s) and decide which of the options is the right one.

Points to consider

- Membership offer
- Choice of exercise classes
- Sociable atmosphere
- Swimming pool

Fitness club
Membership monthly; €80
June offer, bring up to 2 friends half price
In this part of the exam, you are going to take part in a conversation with the other candidate. You have different information about an imaginary situation. The conversation will last about 5 minutes.

GETTING FIT
You have decided with your friends that you all desperately need to get fit as the summer is here and you live by the seaside. You think the best way is to enjoy open air activities. Share the information with your partner(s) and decide which of the options is the right one.

Points to consider

- Best things in life are free
- Jogging
- Swimming in the sea
- Walking to work instead of driving
- Play tennis at friends courts

Anytime anywhere. Cost €0
In this part of the exam, you are going to take part in a conversation with the other candidate. You have different information about an imaginary situation. The conversation will last about 5 minutes.

GETTING FIT
You have decided with your friends that you all desperately need to get fit as the summer is here and you live by the seaside. You believe that diet is the key to fitness as well as some gentle exercise. The council organises Tai Chi on the beach and you know a health shop where they will design a personalised diet. Share the information with your partner(s) and decide which of the options is the right one.

Points to consider
- Dieting is essential
- Good health shop with dietician
- Open air Tai Chi
- Relaxation and concentration as well as gentle exercise
- Combining exercise and diet

On the beach.
Cost Personalised diet €50
Tai Chi on the beach €30